

Curriculum Map	Subject	PSHE	Year	8
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Unit	Summary	Skills	Assessment	British Values and SMSC	Career links	Cross-curricular links
Living in the wider world: Rights and the law	Students understand how their own values link with the British Values that are taught explicitly. The law is explored with a focus on young people. Students will look at their own rights and responsibilities and understand how to access help if their rights are not being met.	Students will be able to identify when discrimination is present.	MS Forms	British values are taught within this module. Students will recognise how they are applied in everyday lifestyle, whilst at school or within their community. Moral and Social education will be explored.	Law, policing	RS, History
Health and Wellbeing: Managing myself	Students will identify what makes a healthy diet and why, they will assess their own sleep and hygiene practices and understand the importance of them. First aid, including identifying and treating common injuries, CPR, recovery position, shock and getting help.	Students will analyse their own routines and practices. Understand how to administer basic first aid and how to call emergency an ambulance.	MS Forms	Students will recognise the importance of respecting themselves and others around them.	NHS, business	Science
Living in the wider world: Citizenship and discrimination	Students will understand what it means to be a good citizen, explore role models. Students will be taught about radicalisation, extremism and terrorism.	Understand the essence of the Equality Act 2010	MS Forms	Spiritual, moral, social and cultural education will be examined with regards to how students related to others without changing their own strongly held beliefs.	Community, communications, business	History
Health and wellbeing: Media Literacy and Digital Resilience	Students will understand how to safeguard themselves online and develop their rationale around public vs private. Student will understand trolling, exit strategies, sporting risk and their own responsibilities online. Students will explore the idea of body image and understand there is no 'perfect' body.	Students will understand how to set boundaries and how to access support/report online.	MS Forms	SMSC	Leisure, communications	IT

Relationships: Being safe in relationships	Students will understand how to manage relationships including the characteristics of positive relationships/friendships. As part of this work, students will also understand consent along with different types of relationships.	Understand consent and how to keep themselves safe.	MS Forms	Students will recognise the importance of respecting themselves and others around them.	NHS, education, community	
Health and wellbeing: Taking control of our bodies	Students will learn more about the changes that happen in male and female bodies during puberty incl menstruation in female bodies. Time will be spent ensuring students have an awareness of LGBT issues in relation to puberty. Physical health and eating for success will be taught as well and the positive associations between physical activity and positive MH and wellbeing	Students will develop their ability to discuss sensitive topics and access support.	MS Forms	Moral and Social	Education, communications, law	Science – Biology, puberty and hormones