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| Curriculum Map | Subject | PE | Year | 9 |
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| Unit | Summary | Skills | Assessment | British Values and SMSC | Career links | Cross-curricular links |
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| Team sports (Hockey, basketball, football, volleyball, rugby) | Students will participate in a variety of team sports developing different techniques, their tactical awareness and application in a variety of team sports. | Development of transferrable technical skills in conditioned practices, including passing, shooting, dribbling, marking and tackling. Students will apply tactics and strategies in attacking and defending situations whilst beginning to develop their leadership skills, co-ordinating an attack/defence. | Multiple choice assessment via forms linking in sport specific terminology as well as personalised feedback from assessment lessons. Subject specific terminology and explanation of questions during the plenary. Reference will also be made to core and advanced skills on the GCSE practical sports matrix to challenge aspirational learners. | Sportsmanship, respect of officials and rules. Leadership opportunities through coaching/captain constructing different tactics. Tolerance of each other's skill level and supporting each other via coaching and feedback. | Extracurricular opportunities in after school clubs. Links made to different sporting professions. (Officials, coaches and professional athletes). Option choices discussed with learners and linked to future College opportunities. Awareness of practical weighting at GCSE PE | Numeracy links via scoring. Literacy links through questioning, explanation resource cards to support. Science links through biology and short/long term effects on bodies systems during exercise. |
| Racket and net sports (Badminton, table tennis and tennis) | Students will participate in a variety of racket and net sports, developing their technical skills and tactical knowledge of how to outwit their opponent, whilst being introduced to doubles play. | Students will develop different technical shots in attack and defence. They will develop tactical awareness on how to shot sequence and turn defence into attack. They will understand different rule/court markings implemented in doubles, whilst recognising how to effectively communicate with someone else on court. | Multiple choice assessment via forms linking in sport specific terminology as well as personalised feedback from assessment lessons. Subject specific terminology and explanation of questions during the plenary. Reference will also be made to core and advanced skills on the GCSE practical sports matrix to challenge aspirational learners. | Sportsmanship and respect of opponent. The importance of grace in defeat. Supporting each other through constructive feedback to improve performance. | Extracurricular opportunities in after school clubs. Links made to different sporting professions. (Officials, coaches and professional athletes). Option choices discussed with learners and linked to future College opportunities. Awareness of practical weighting at GCSE PE | Numeracy through scoring. Understanding the importance of reaction time linking to MPH and travel time. Literacy links through questioning, explanation resource cards to support. Science links through biology and short/long term effects on bodies systems during exercise. |
| Individual sports (Fitness and athletics) | Students will participate in different individual sports developing their skills, techniques and the understanding each has on health and well-being. | Development of individual event technique, recognising how to break each phase before co-ordinating it a one to maximise efficiency when running, throwing or jumping. In fitness | Multiple choice assessment via forms linking in sport specific terminology as well as personalised feedback from assessment lessons. | Sportsmanship for each competitor. Respect of the rules for each athletics discipline as well as officials decisions. | Extracurricular opportunities in after school clubs. Links made to different sporting professions. (Fitness instructor, nutritionist, athletics coaches, official or professional athlete). | Numeracy links via scoring, biomechanics and angles. Science links through biology and short/long term effects on bodies systems during exercise. |

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| | | <p>understand the importance of testing before constructing an appropriate training programme for an individual to develop fitness levels for performance as well as health and well-being.</p> | <p>Assessment of training programme and methods which have been incorporated. Links to GCSE PE methods of training.</p> <p>Reference will also be made to core and advanced skills on the GCSE practical sports matrix to challenge aspirational learners for athletics.</p> | | <p>Option choices discussed with learners and linked to future College opportunities.</p> | <p>PSHE - The importance of health and well-being</p> |
| <p>Striking and fielding (Cricket, rounder's and softball)</p> | <p>Students will participate in different striking and fielding sports. They will develop different techniques, tactics and leadership skills.</p> | <p>Development of different techniques incorporated in core skills, including bowling, batting and fielding. Have knowledge of how to implement timely tactics, recognising how and when to apply spin/pace etc. Begin to develop leadership skills including communication when batting or fielding recognising key locations to field.</p> | <p>Multiple choice assessment via forms linking in sport specific terminology as well as personalised feedback from assessment lessons.</p> <p>Reference made to core and advanced skills in cricket on the GCSE practical sports matrix to challenge aspirational learners for athletics.</p> | <p>Sportsmanship, congratulating each, clapping batsman in, applauding each other when appropriate.</p> <p>Respecting the official decision and being gracious in defeat,</p> | <p>Extracurricular opportunities in after school clubs. Links made to different sporting professions.</p> <p>Aware of practical weighting and sports for GCSE PE.</p> | <p>Numeracy links through scoring and angles to strike the ball. Pace of delivery and reaction time Trajectory of shot and angle of travel.</p> |