


EAT @ THE INTERVAL WEEK 3

|  | MONDAY | BURGER TUESDAY! | WEDNESDAY | SPICE THURSDAY! | FRIDAY |
|---|---|---|---|---|---|
| MAIN MEAL | Chicken Fajita with Salsa & Salad | Pulled BBQ Pork Bap with Potato Wedges | Roast Turkey with Stuffing & Gravy | Chilli Beef & Soy Stir Fry & Rice | Battered Fish & Lemon |
| VEGETARIAN OPTION | Veggie & Halloumi Fajita with Salad | Crunchy Veggie Burger with Potato Wedges | Crispy Quorn Dipper Sweet & Sour Stir Fry | Creamy Thai Vegetable Curry & Rice | Quorn Sausages |
| LIGHTER BITES | Pasta & Daily Specials Bar | Pasta & Daily Specials Bar | Pasta & Daily Specials Bar | Pasta & Daily Specials Bar | Chip Shop Sausage |
| JUST DESSERTS! | Selection of Hot Desserts, Homemade Cakes & Cookies | Selection of Hot Desserts, Homemade Cakes & Cookies | Selection of Hot Desserts, Homemade Cakes & Cookies | Selection of Hot Desserts, Homemade Cakes & Cookies | Selection of Hot Desserts, Homemade Cakes & Cookies |
| GRAB 'N' GO | Hot Bites/ Panini/Pizza | Hot Bites/ Panini/Pizza | Hot Bites/ Panini/Pizza | Hot Bites/ Panini/Pizza | Hot Bites/ Panini/Pizza |

FRESH FRUIT & SALAD BAR AVAILABLE DAILY