

Curriculum Map

Subject

PE

Year

7

Unit	Summary	Skills	Assessment	British Values and SMSC	Career links	Cross-curricular links
Team sports (Netball, basketball, football, rugby)	Students will participate in a variety of team invasion games, developing their skills and understanding of the sport specific rules.	Development of physical skills in isolated and competitive practices. Including how fundamental skills are applied and transferred across different sports, such as passing, catching, marking and creating space. Students will develop their understanding of the different rules incorporated in sports new to them.	Multiple choice assessment via forms linking in sport specific terminology as well as personalised feedback from assessment lessons.	Sportsmanship, respect of officials and rules. Tolerance of each other's skill level and supporting each other via coaching and feedback.	Extracurricular opportunities in after school clubs. Links made to different sporting professions. (Officials, coaches and professional athletes). Pathways linked to option choices and future opportunities.	Numeracy links via scoring and angles. Literacy links through questioning, explanation resource cards to support. Science links through biology and short/long term effects on bodies systems.
Racket sports (Tennis, table tennis and badminton)	Students will develop practical skills in different net sports. They will understand the different rules incorporated as well as how to score, giving them the confidence to compete against others.	Students will develop their technique in a range of shots. They will recognise when to perform these shots in a competitive practice.	Multiple choice assessment via forms linking in sport specific terminology as well as personalised feedback from assessment lessons.	Sportsmanship before, during and after the event. Respect of the officials whilst understanding the purpose of the different rules.	Extracurricular opportunities in after school clubs. Links made to different sporting professions. (Officials, coaches and professional athletes). Pathways linked to option choices and future opportunities.	Numeracy links via scoring and angles. Literacy links through questioning, explanation resource cards to support. Science links through biology and short/long term effects on bodies systems.
Individual sports (Gymnastics, dance and athletics)	Students will participate in a variety of individual sports developing their skills, techniques, and the ability to sequence routines together.	Development of physical skills in isolated and competitive practices. Students will develop their ability to be creative and apply aesthetic movements into their practical performance. Recognise how to link and apply skills learnt into specific sequences.	Multiple choice assessment via forms linking in sport specific terminology as well as personalised feedback from assessment lessons. Peer and teacher assessment opportunities in dance and gymnastics.	Tolerance of each other's skill level and supporting each other via coaching and feedback. Cultural links and references made to different types of dances and how they originated and developed.	Extracurricular opportunities in after school clubs. Links made to different sporting professions. (Officials, coaches and professional athletes). Pathways linked to option choices and future opportunities.	Numeracy links via scoring, biomechanics and angles. Literacy links through questioning, explanation resource cards to support. Science links through biology and short/long term effects on bodies systems.
Striking and fielding (Cricket and rounder's)	Students will develop practical skills in different striking and fielding games. They will understand different rules applied to the sport.	Students will develop fundamental striking and fielding skills that can be transferable across different sports, such as throwing, catching, hitting and creating barriers.	Multiple choice assessment via forms linking in sport specific terminology as well as personalised feedback from assessment lessons	Sportsmanship, respect of officials and rules. Cultural links, history and references made to cricket and how it is embraced in other countries.	Extracurricular opportunities in after school clubs. Links made to different sporting professions. (Officials, coaches and professional athletes). Pathways linked	Numeracy such as scoring systems, links made to different angles particularly when batting to find gaps to score runs.

		Students will also develop knowledge of the different rules applied in each sport.			to option choices and future opportunities.	
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