

Week 3

THE INTERVAL

fresh food everyday

MONDAY

Noodle Bar!

Teryaki Chicken
Noodle or
Sweet Tamarind
Fricken Bao Buns

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Wrap of the Day!  
Pizza. Panini &  
Specials Available!

## TUESDAY

### Loaded Lunch!

Potato Wedges Topped  
With BBQ Pulled Pork  
or Classic Baked  
Beans & Cheese!

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Wrap of the Day!
Pizza. Panini &
Specials Available!

WEDNESDAY

Big Roasty!

Roast Chicken.
Stuffing & Gravy
Veggie Enchillada &
Tortillas

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Wrap of the Day!  
Pizza. Panini &  
Specials Available!

## THURSDAY

### Pastalicious!

Spaghetti Bolognaise  
with Garlic bread  
Quorn Bologniase  
Bake

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Wrap of the Day!
Pizza. Panini &
Specials Available!

FRIDAY

Friday Treat!

Battered Cod
Pork Sausage or
Quorn Sausage with
Chips & All The
Trimmings!

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Pizza & Specials  
Available!